



A home delivery (mail order) pharmacy service you can trust.

Express Scripts® Pharmacy is the home delivery service trusted by Blue Cross and Blue Shield of Texas to help lower costs and provide convenience for you and your employees.

Value to Employers

- **Adherence**
Members are more likely to adhere to their drug therapy using 90-day prescription services. For example, members with chronic medical conditions can increase their adherence 7-10% with a 90-day supply compared to a 30-day fill.¹
- **Potential Decrease in Overall Drug Ingredient Costs**
Lower overall ingredient costs for medications combined with no dispensing fees may result in reduced cost per delivered prescription.

Value to Members

- **Convenience**
Prescriptions are delivered to the member's address of choice, within the U.S. Members have multiple options for ordering and can get up to a 90-day supply of medication at a time.² Medications are mailed in tamper-evident packaging for privacy.
- **Service**
Members can choose to receive refill and order notices by phone, text or email. A support staff including knowledgeable pharmacists is available 24/7. There is no additional charge for standard shipping. Members can use a mobile app to manage their prescriptions (refills, track orders, make payments, set medication reminders and more).
- **Savings**
90-day supply offers deeper discounts through bulk purchasing and no dispensing fees. That means pharmacy costs may be lower for plan sponsors and members.

Questions?

For more information, talk to your Account Management Team.

Medicines may take up to 5 business days (or more) to deliver after Express Scripts® Pharmacy receives and verifies the member's order.



How Members Can Get Started with Express Scripts® Pharmacy Home Delivery

Online and Mobile

Members have more than one option to fill or refill a prescription online or from a mobile device:

- Visit [express-scripts.com/rx](https://www.express-scripts.com/rx). They can register and create a profile. Active prescriptions will be ready to refill and/or they can send a new one.
- Log in to [myprime.com](https://www.myprime.com) and follow the links to Express Scripts® Pharmacy.

Over the Phone

Members can call **833-715-0942**, 24/7, to get started with home delivery, transfer a current prescription or refill one. Members should have their member ID card, prescription information and their doctor's contact information ready.

Through the Mail

Members can send a prescription order through the mail by visiting [bcbstx.com](https://www.bcbstx.com) and logging in to Blue Access for MembersSM to download an order form. They can mail their prescription, completed order form and payment to Express Scripts® Pharmacy.

Doctor

Members should ask their doctor for a prescription for a 90-day supply of each of their long-term medicines.² They can ask their doctor to send their prescription electronically to Express Scripts® Pharmacy, call **888-327-9791** for faxing instructions or call the pharmacy at **833-715-0942**. If they need to start their medicine right away, they have the option of requesting a prescription for up to a one-month supply and filling it at an in-network pharmacy.

Refills Are Easy

Refill dates are shown on each prescription label. Members can choose to have reminders sent by phone or email when a refill is due.

Questions?

To learn more, members can visit [bcbstx.com](https://www.bcbstx.com). Or they can call the number listed on their member ID card.

1. Hermes M., Gleason PP, Starner CI. "Adherence to chronic medication therapy associated with 90-day supplies compared with 30-day supplies," Presented at Academy of Managed Care Pharmacy, abstract in J Manag Care Pharm. 2010; 16:141-142.

2. Prescriptions of up to a 90-day supply, or the most amount allowed by the benefit plan.

Express Scripts® Pharmacy is a pharmacy that is contracted to provide mail pharmacy services to BCBSTX members. The relationship between Express Scripts® Pharmacy and Blue Cross and Blue Shield of Texas is that of independent contractors. Express Scripts® Pharmacy is a trademark of Express Scripts Strategic Development, Inc.

Prime Therapeutics LLC is a separate company, contracted by BCBSTX to provide pharmacy solutions. BCBSTX, as well as several independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime Therapeutics LLC. MyPrime.com is a pharmacy benefits website offered by Prime Therapeutics, LLC.