

VirtualCheckup[®]

By Catapult Health

What's included in each VirtualCheckup[®]



Values Measured

- Hemoglobin A1C
- Total Cholesterol
- High Density Lipids (HDL)
- Low Density Lipids (LDL)
- Triglycerides
- TC : HDL Ratio
- Blood Pressure
- Atherosclerotic Cardiovascular Disease Risk Score
- Framingham Risk Score
- Height
- Weight
- Body Mass Index
- Abdominal Circumference

Depression Screening

- PHQ-9 Depression Assessment
- GAD-7 Anxiety Assessment

Personal & Family Health History

- Allergies
- Asthma
- Cancer
- Colon Cancer
- Coronary Artery Disease
- Diabetes
- Heart Failure
- Hyperlipidemia
- Hypertension
- Kidney Disease
- Obstructive Sleep Apnea
- Stroke

Symptoms Captured

- Aches from Medication Reactions
- Bladder Infections
- Chest Pain
- Circulation Problems
- Foot Ulcers
- Gum Infections
- Pain While Walking
- Seizures
- Shortness of Breath
- Skin Infections
- Sleeping Problems
- Slow Healing Wounds
- Swelling of Hands or Legs

Compliance Consultation

- Mammogram
- Colorectal Screening
- Pap Smear
- Vaccinations

Filled Prescription Import

- Adherence and Compliance
- Potential Reactions with Multiple Meds
- Effectiveness Review
- Generic Options