

VirtualCheckup[®] By Request



1

Member gets initial communications announcing VirtualCheckup[®] benefit

Multiple methods of communication are available from emails and text to digital monitors and flyers to help engage your population.



2

Member orders their VirtualCheckup[®] Home Kit

Signing up takes less than 2 minutes, then they simply wait for their no-cost Home Kit to arrive in a few days.



3

Member collects their sample at home and returns it via UPS

Catapult's collection device is quick and virtually painless. Members simply take 10 minutes to collect their blood sample and return it in the pre-paid UPS overnight envelope.



4

Samples are overnighted and processed at the Catapult Lab

Each member's sample is processed in our COLA accredited lab located at the Catapult Headquarters in Dallas.



5

Member schedules a virtual consultation to review results

A few days after their blood sample is shipped back, the member is texted and emailed to schedule a virtual consult with a Catapult nurse practitioner they'll take from the comfort of home.



6

Virtual consultation takes place

During this the member will review their results, get a Personal Action Plan for the path to optimal health, as well as be referred into any employer-sponsored wellness programs.